



SUMMER ACADEMY

Medical and Mental Health Policy

Welcome! To ensure a safe, productive, and enjoyable experience, all participants must adhere to this Medical and Mental Health Policy. By participating, you agree to comply with these guidelines.

First Aid and Illness Assessment

Assessment of injuries and illnesses will be conducted by the Director of Health Services (Registered Nurse) or trained Health Services staff. If no further medical care is needed, staff will administer over-the-counter medications and provide first aid as needed, in accordance with consent provided on the Medical Information Form.

Emergency Notification and Care

For immediate emergencies, contact Campus Security at 479-215-5000 (available 24/7). A complete list of emergency contacts will be provided at check-in.

If further medical care is needed, Summer Academy staff will promptly notify the emergency contact provided by the participant's family. The appropriate level of care will be facilitated, which may include:

- 911/Emergency Services for transportation to the nearest Emergency Department
- Staff-coordinated transportation to a local medical or dental provider

Major Medical Events

In the case of a major medical event or hospitalization, parents or guardians should be prepared to travel to be with their student. Summer Academy staff will remain with the student until the guardian arrives. The medical facility will contact the parent or guardian to provide insurance and financial information.

Medication Policy

Health Services staff will oversee the storage, management, and administration of all medications to ensure safety and compliance. Participants will not have direct access to their medications except for emergency use inhalers, epinephrine, and diabetic supplies.

Requirements:

- All medications (prescription and over-the-counter) must be listed on the Medical Information Form and turned into the campus nurse at check-in in original pharmacy-labeled bottles

- Participants requiring injectable medications (e.g., insulin, epinephrine) must notify staff at registration
- Participants are responsible for adhering to their medication schedule; the nurse will administer according to physician's orders
- Participants cannot alter medication administration orders
- Documentation of administration will be kept on file by Health Services

Over-the-Counter Medications: Health Services will provide common over-the-counter medications for minor complaints. Parents must consent to these on the Medical Information Form. Vitamins or supplements will only be given if required for a medical condition and ordered by a physician.

Prohibited: Sharing, trading, or distributing any medications is strictly prohibited and will result in disciplinary action, including possible removal from the program.

Food Allergies

We are committed to providing a safe environment for participants with food allergies through proper procedures and precautions.

Procedures:

- **Notification:** Participants must inform staff of all food allergies during registration and note them clearly on the health form. Provide detailed information about allergy type, severity, and emergency action plans
- **Meal Planning:** We work with food service providers to accommodate common allergies with allergy-friendly menu options when possible
- **Emergency Protocols:** Staff will follow the emergency action plan outlined by the guardian, which may include administering epinephrine or other first aid. Emergency contact information and medical details will be readily available to all staff
- **Food Handling:** All meals and snacks will be clearly labeled with ingredients. Care will be taken to avoid cross-contamination using separate utensils and preparation areas as needed
- **Parent Responsibility:** Provide updated medical information and changes to allergy status. Ensure the camp has an adequate supply of necessary medication (e.g., epinephrine auto-injectors) and that your child knows how to use it if capable

Mental Health Support

Mental health is as important as physical health. We provide a supportive environment with access to resources for mental well-being.

Support Available: A JBU Resident Director and a licensed counselor will be on call for urgent mental health needs and emergencies. Participants can approach any staff member for support and will be referred to the counselor on call.

Crisis Protocols: In the event of a mental health crisis, the Resident Director will assess the situation and determine the appropriate response, which may include immediate emotional support, developing a safety plan, and involving other professionals. Emergency mental health services (crisis hotlines or hospital emergency rooms) will be used if intensive care is required. If necessary, the participant may be sent home to ensure their well-being and safety.

Confidentiality and Respect: Mental health conversations will be handled with sensitivity, respect, and professionalism. Confidentiality will be maintained while balancing the need to inform relevant staff or parents when necessary for participant safety. Participants should feel safe discussing mental health needs without fear of judgment.

Staff Training and Awareness: Camp staff receive training on recognizing signs of mental health distress (anxiety, depression, stress) and responding appropriately. We promote an open environment that reduces stigma and supports participants in expressing their feelings.

Parent Communication: Parents will be contacted if their child expresses or displays significant mental health concerns that may affect participation. We encourage parents to provide relevant mental health information during registration, including history, coping strategies, or needed accommodations. This information will be kept confidential.

Parent Checklist

- Medical Information Form completed with all allergies and conditions listed
- All medications in original pharmacy-labeled bottles
- Emergency action plans attached for known allergies
- Emergency contact information verified
- Insurance information ready to provide if medical care needed
- Mental health information and accommodations noted (if applicable)

Acknowledgment

At registration, you acknowledge that you have read and understand these medical and health policies and agree to:

- Follow the camp's medicine and health policies
- Provide accurate and complete health information during registration
- Notify camp staff of any changes to health conditions or medications prior to arrival

This policy ensures that every participant can enjoy a safe, healthy, and fulfilling camp experience. Thank you for your cooperation and commitment to well-being.